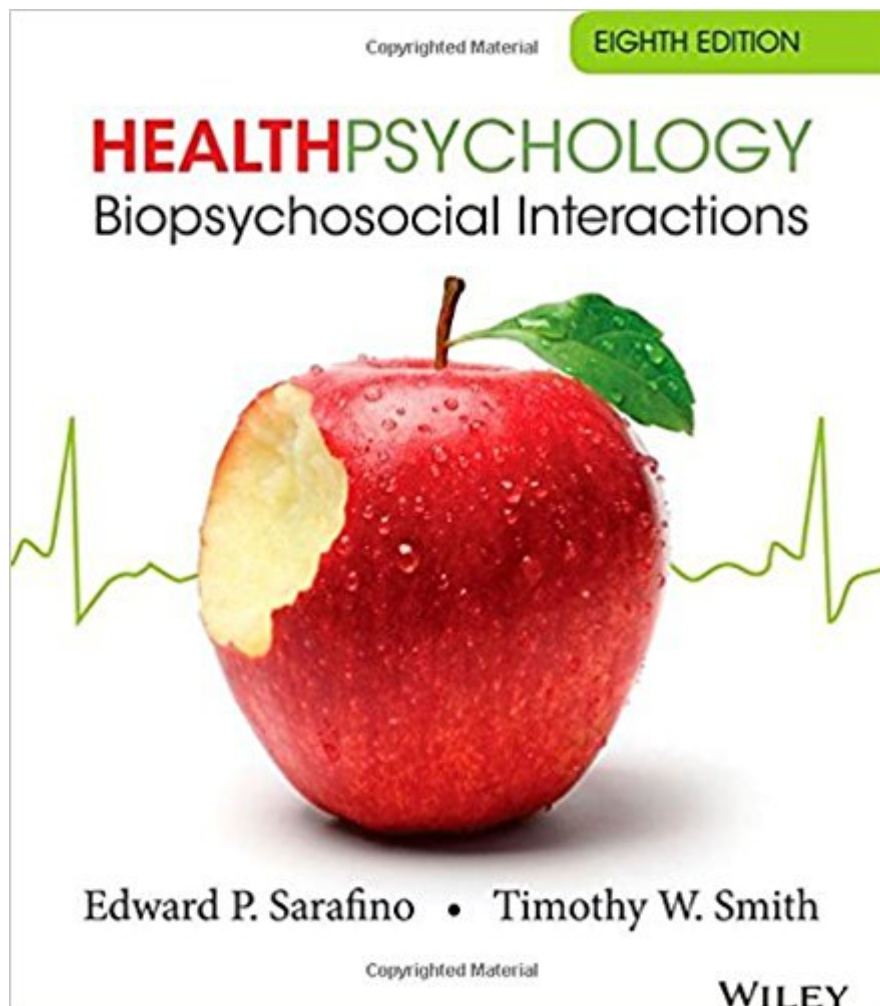




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Health Psychology: Biopsychosocial Interactions



Synopsis

Authors Ed Sarafino and Timothy Smith draw from the research and theory of many disciplines in order to show how psychology and health affect each other. The 8th Edition of Health Psychology: Biopsychosocial Interactions has been updated to include a broader picture of health psychology by presenting cross-cultural data. Additionally, international examples are included to broaden the psychologist's view of health issues around the world and highlight what works in the field. The psychological research cited in the text supports a variety of behavioral, physiological, cognitive, and social/personality viewpoints. A focus on lifespan development in health and illness is integrated throughout the text.

Book Information

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Customer Reviews

Really good quality, seemed just like new with no damage or rips and no marks inside the book. It wasn't exactly useful for my class (Health psych at Rutgers) but it was still a good product. The book itself followed what we learned in class, but none of the material was actually on the test except for a few very specific things that we were told to look for beforehand. It was ok as far as being interesting, but also pretty basic. The information in it is just a bunch of conclusions that you could come to on your own, mixed in with a few facts. It was good quality and a good supplement to the class but not really necessary for it either.

Your typical health psychology textbook. Jam packed full of information though, I did learn a lot from it.

This book is amazing! It thoroughly explains issues and makes it easy to follow. I would definitely recommend this book to others.

good as new but the thing is NO ONE will buy it back from you and you wont even use it I regret getting mine tbh but still I gave 5* for the condition of the book

Received quickly an exactly as described. My daughter needed this book for school and this was the best pricing I found

The book was in perfect condition. It is really useful if you are studying psychology

The book was in very good condition; however, I am hating the amount of work that is expected in this class. A lot of good information in this book.

Needed this book for my health psychology class and I was happy that I could just rent it for a really low price

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